

## महिन्याचा विचार

ON THIS DAY IN 1924 :

From the sacred hands of Paramahansa Viswananda Saraswati, I received Holy initiation on the bank of the Ganga on 1st June, 1924. The religious rite of Viraja Homa was done for me by my Acharya Guru, Sri Swami Vishnudevanandaji Maharaj at Kailas Ashram.

I came to Rishikesh in June 1924 and found it my destination. My Guru gave me initiation and enough spiritual strength and blessings. Gurus can do this much only. It is the student who has to do intense and rigorous Sadhana. Rishikesh is a Railway Station in the District of Dehra Dun, Uttar Pradesh, in the Himalayas. It is a holy place with many Mahatmas. There are Kshetras (alms-houses) to provide free food for all Sadhus and Yogins and aspirants. They can stay in any of the Dharmasalas or Kutias or have their own thatched cottages and huts in any place. Near about Rishikesh, there are many charming places like Brahmapuri Forests, Nilakantha, Vasishta Guha, Tapovanam. Sadhus who stay in such places get their dry rations once in fifteen days and prepare their own food.

The scenery of the Himalayas is charming, soul-elevating. The Holy Ganga is a blessing. One can spend hours in contemplation, sitting on a rock or on a sand-bank by the side of the Ganga. There are some Libraries from where we can get authoritative works in Sanskrit, English and Hindi on Yoga and Philosophy. Some learned Mahatmas conduct regular daily classes and give private

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tuition to deserving students. The climate of the place is fine—slightly cold in winter (November to March) and slightly hot in summer (April to June). There are allopathic and Ayurvedic Hospitals to attend to the sick.

Thus I found Rishikesh an ideal place for intense and undisturbed spiritual practices true for all seekers after Truth.

- H H Sri Swami Sivananda

At times even sincere prayer is not responded to, but this should not be allowed to mar our faith or sincerity or to discourage or depre \*\* us. It should be considered as a necessity as a test of our sincerity, our serenity and our faith in God.

-Swami Shivananda

God listen to answers all your prayers. Let the prayer come from the bottom & your heart. If he does not wish to pay need to our prayers, means it is a test that the aspirant must pass through the faith may not be strong enough the dross of his mind may not have been cleaned yet; the heart may not be pure yet.

The most wonderful places to be in the world are-

In someone's thoughts

In someone's prayers &

In someone's hearts

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Pray and to worship God motivelessly is of course good. Some people feel that it is a sign of depravity to pray for selfish ends and material advantages. Here, Krishna disagrees: they who worship him for these are surely virtuous men (not necessarily wise). The poor man who prays to God for wealth is surely nobler and more virtuous than the thief or dacoit. The sick man who prays for relief is better than the drug addict. In fact, one of the purposes of poverty and sickness is to turn man to God.

Unconsciously the poor and sick recognize this if they are virtuous and that recognition or awareness comes by God's grace. A hot pan will burn your finger, whether you touch it knowingly or unknowingly. Even so, the fire of God's power will devour desire and ignorance whether you touch it deliberately or accidentally. Thus, prayer is good whatever the motive. When the prayer-contact is made, the Lord's love burns to ashes all earthly desires and frees us from all selfishness and egoism.

- SWAMI VENKATESHANANDA

### PRAY TO GOD

Pray to God and ask Him for inner strength and guidance. God's Divine Name has immense power. Repeat His Name always and remember Him under all situations.

Remember God constantly with love in your heart. Have absolute faith in your inseparable relationship with Him. Cultivate constant remembrance of God by seeing His invisible presence in and through all things in his universe around you. God is not some remote reality far away from you. But God is here and now. He is all-prevading Reality, the ever present Divine Spirit pervading this entire universe. And also He is your innermost Self. He is closer to you than your very breath. Never forget this. Even when you are engaged in your daily activity, begin to feel the presence of God.

- H. H. Sri Swami Chidananda

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## विश्वात्मक प्रार्थना

प्रेमळा, दयाघना तुला सहस्र वंदना ॥१॥

सर्वव्यापी ईश तू, सच्चिदानंद तू।

सर्वशक्तिमान तू, सर्व जाणताही तू।।

वास हा तुझा असे सर्व भूतांतरी।

दुज्या मनास जाणण्या समर्थ मन्मना करी ॥१॥

भेदभाव विसरू दे, बुद्धी, भक्ती तूच दे ।

मोहबंधनातुनी मनास पार जाऊ दे ॥

लोभ, क्रोध, गर्व हे शिवोत ना मना कधी।

द्वेषभावना नको आमुच्या मनामधी ॥२॥

अनेक रूपी तुझ्या, तुला सदैव पाहू दे।

अनेक रूपी तुझ्या, तुला सदैव सेवू दे।।

तुझेच नाम ईश्वरा आम्हांस ओठी गाऊ दे।

कीर्तनामध्ये तुझ्या आम्हा सदैव रंगू दे ॥३॥

– सौ. चारुशीला नाईक

## दिव्य जीवन संघ, पुणे शाखा वृत्तांत

- \* मे महिन्याचा सत्संग डॉ. आनंद राव यांच्या घरी १४ मे रोजी संपन्न झाला.
- \* “दिव्य जीवन” या मासिक पत्रिकेचा अंक परिवारातील सदस्यांना वितरीत करण्यात आला.
- \* डॉ. आनंद राव यांनी शाखेला रु. १०,०००/- धनादेशाद्वारे देणगी दिली.
- \* श्री. लष्करे यांनी रु. २०००/- भरून शाखेचे आजीव सदस्यत्व स्वीकारले.

### पुणे शाखेचा पत्ता

श्री. गो. आ. नगरकर  
'स्वानंद एस् २०,  
सहजीवन सोसायटी,  
पर्वती, पुणे ४११००९  
मो. ९३७०५७०२०६

श्री.नितीन देशपांडे  
'ईशावास्य'  
प्लॉट नं. ४९/सायंतारा,  
डी.एस.के. विश्व, धायरी,  
पुणे ४११०४१  
मो.नं. ९८५०९३१४१७  
९८५०८२६९९०

### बुक पोस्ट

प्रति


## दिव्य जीवन

वर्ष १२/अंक ६

जून २०१७

दिव्य जीवन संघ, पुणे शाखा

### प्रार्थना विशेषांक

प्रार्थना आणि प्रार्थनेतील शक्ती यावर आधारीत काही संतवचने आणि सुविचार या अंकात संकलीत केलेले आहेत. यावरून प्रार्थनेचे महत्व अधोरेखित होईल. १ जून हा स्वामी शिवानंद सरस्वती यांचा संन्यासदीक्षा दिन! त्या दिवशीचे त्यांचे विचार अंकात दिलेले आहेत.

Up in the sky or in temples he reside...  
Where to find him is difficult to decide  
I feel him in me and by my side...  
Remembering the way he express love makes me pride  
The moon seeks to reflect by glow of his face...  
Season searches him helping sun to brighten the way.  
My love for him is pure and unending...  
I keep praying for him with knees surrendering  
He always preserves my million dollar smile...  
He grants my each wish within a while  
Blessed are the breadth which I inhale...  
In his name are treasures and pearls kept unveiled