

composition should be printed for distribution. He wanted any aspirant who wished to have a copy, to hand-copy the manuscript, as he said, "You will completely read and contemplate on the words while copying. That will have a profound effect on you which is better than mere reading".

He propagated the teachings of Gita for more than twelve years. Then he stayed in Bavachi for rest of his life, continuing his teaching in the Dhyana Mandir build by him for the purpose. One simple deed of love and care by Swami Sivananda turned the life of pleasure into the life of non-attachment, sacrifice and devotion.



BAROMETER OF SPIRITUAL PROGRESS

Here is an infallible barometer to find the degree of your spiritual progress. How would you feel, if-

- Your clean hands or best clothes are stained.
- You stumble down or commit a blunder and are laughed at.
- You are hurt accidentally or stung by an insect or scorpion.
- You suffer from illness or pain.
- You do not succeed in your efforts.
- You do not get a thing which you want, or find that something you possess is missing.
- You are kept waiting for a long time by some other person.
- You are insulted or abused for no reason.
- Others fail in their duties towards you.
- You suffer a loss or bereavement.

If none of these can disturb your peace of mind, if you are indifferent to them, you have won the struggle and achieved 50% self-control. God sends trials and troubles to strengthen your character. Greet them and test yourself.

- SWAMI SIVANANDA



दिव्य जीवन संघ, पुणे शाखा वृत्तांत

- 'दिव्य जीवन' या मासिक पत्रिकेचा ऑक्टोबर-नोव्हेंबर दिवाळी अंक परिवारातील सदस्यांना वितरित करण्यात आला.
- दि. ९ ऑक्टोबर रोजी राज्यस्तरीय आंतर महाविद्यालयीन वक्तृत्व स्पर्धा संपन्न झाली. परीक्षक म्हणून श्री. अमोल सुलाखे (बार्शी) आणि श्री. सुनीलदत्त गोवर्धन (पुणे) यांनी पाहिले.

❀ पुणे शाखेचा पत्ता ❀

श्री. गो. आ. नगरकर

'स्वानंद' एस. २०

सहजीवन सोसायटी

पर्वती, पुणे ४११००९

☎ ९३७०५७०२०६

श्री. नितीन देशपांडे

'ईशावास्य'

प्लॉट नं. ४९ / सायंतारा,

डी. एस. के. विश्व

धायरी, पुणे ४११०४१

☎ ०९८५०९३१४१७

०९८५०८२६९९०



पुस्त डाक

प्रति

दिव्य जीवन



(दिव्य जीवन संघ, पुणे शाखा)

स्वामी शिवानंद (ज्ञानयज्ञ म्हणून वितरित) स्वामी चिदानंद

सरस्वती

वर्ष ११ | अंक ११

सरस्वती

डिसेंबर २०१६

जन्मशताब्दी पूर्णाहूती सोहळा

बावची येथील स्वामी प्रणवानंदजी सरस्वती (स्वामी शिवानंद सरस्वती यांचे ज्येष्ठ शिष्य) यांच्या जन्मशताब्दी पूर्णाहूती सोहळ्याचे आयोजन दि. १३ डिसेंबर २०१६ रोजी (दत्तजयंती) बावची येथे करण्यात आलेले आहे.

स्वामी ब्रह्मभूतानंदजी (दिव्य जीवन संघ, मुंबई) यांचे या दिवशी 'वेदान्त' या विषयावर प्रवचन ठेवण्यात आलेले आहे.

डिसेंबर अंकात स्वामीजींची माहिती पुनर्मुद्रित करण्यात आलेली आहे. प्रत्यक्ष सोहळ्याची माहिती जानेवारी २०१७ च्या अंकात देण्यात येईल.



**ROLE OF DIVINE LIFE SOCIETY
BRANCHES AND SPIRITUAL
ASPIRANTS
THE CLARION CALL OF DIVINE LIFE**

A Divine Life Society Branch is a great blessing to man in the present age. It is a veritable boon from the Divine. It is a field of dynamic Yoga, a field of practical Vedanta. Spread of Divine Life is the hope of mankind. Through divine life shall man free himself from ignorance, pain and suffering and go beyond sorrow into the realms of peace and bliss now and here, in this very life. Divine Life brings peace and brotherhood to mankind. It purifies man, ennobles his nature and unfolds his glorious, hidden, divine personality. Divine Life is the gift of India to the world at large.

Let the clarion call of the Upanishads ring through every village, town and city. Let the glorious chant of Divine Name fill all quarters. Let virtue be implanted in every heart and Dharma and the good life be seen in every walk of life. Divine Life must be practical. Ideals of Divine Life must shoot up into practical realization. Divine Life must be made to vigorously manifest in the lives of the people. This is important. Be sincere. Work with concord. Be adaptable. Adjust, adapt and accommodate. Remember always that work is the important thing, not personal views and individual opinions. Therefore, dissolve all differences and work together for the cause of a pure life and spiritual perfection.

Perfection of the individual leads to the perfection of mankind ultimately. Spread the doctrine of selfless service. Inspire all to follow the path of Yoga and attain the Goal of life, fine health and long life. It is not through rules and regulations and restrictions that I tried to help the seekers after Truth. Stage by stage, I gave instructions through letters, periodicals and valuable publications to all the students for creating some spiritual vibrations through collective prayer, common meditation, Bhajans and Kirtans. For spiritual progress, it is not number that counts. Even a single sincere student can move the world and bring light and knowledge to the world.

IMPORTANCE OF COLLECTIVE SADHANA

Evolution is quicker through collective Sadhana, mass prayers and common meditation. The purpose of Divine Life Society Branches is not amassing wealth, name or fame. It is just to bring peace and harmony to the world by creating spiritual vibrations at various centres. Organize weekly meetings. Invite friends who are spiritually inclined. Clear the doubts of the devotees. You can have a library with philosophical books. Invite learned men of your place to give discourses. Occasionally print my "Twenty Important Spiritual Instructions" and other leaflets for free distribution. Thus you can lay the seed for a Divine Mission. It will grow slowly and bring spiritual good to the world. This will contribute a lot to your own evolution and to the upliftment of mankind as well.

- SWAMI SIVANANDA



Swami Pranavananda



Colonel Raghunath Babaji Patil (*Swami Pranavananda*) was a serving Colonel in the British army. During the Second World War he was so badly injured that the doctors thought of amputating his leg. During his stay in the hospital he came in contact with Swami Sivananda, who treated his leg with so much care and love that the Colonel recovered completely. Amputation was avoided. Swami Sivananda preached him the essence of Bhagavad Gita during the period of his convalescence. And this became a turning point in Colonel's life. He started leading a very pious life. After retirement Swami Pranavananda settled in his village Bavachi in Sangli District of Maharashtra State. He set dissemination of the knowledge of Gita among the illiterate and the poor in the villages around as the goal of his life. He did it through his own poetic composition called 'Amar Gita'. It explained the teachings of Gita in a very simple and lucid Marathi for the benefit of the villagers. He did not wish that his